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SC3-100 V3 Solar Suitcase







We Care Solar® promotes safe motherhood and reduces maternal mortality in energy poor regions by providing healthcare workers with reliable lighting, mobile communication, and medical devices using solar electricity.

The We Care Solar Suitcase® provides highly efficient solar energy systems to health facilities in areas without reliable electricity. Our durable, easy-to-use Solar Suitcases power medical lighting, mobile communication, and essential medical devices.

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06	Installation Overview
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# **Installation Planning**

**Before Installation Day** 



Identify installation team 2-3 technicians + 1 driver



→ Location planning
Call the clinic at least
one day in advance

- Ensure the in-charge and midwives will be present on installation day
- Check if the facility still needs a Solar Suitcase; it is possible the facility may have recently received alternate solar power or been connected to the grid



**Prepare and load tools**Review preparation checklist

- When possible, bring an extra solar panel and Solar Suitcase for backup and teaching
- Bring food and water in case there is little available at the site

# **Preparation Checklist**



- 1 Solar Suitcase(s) + 1 extra for teaching healthcare facility staff and as a backup
- 2 Solar Panel(s) + 1 extra in case of breakage
- Toolkit including drills and ladder

  Make sure the drill batteries are charged and you bring the charger
- Mobile device already logged into Taroworks and synced and/or printed forms if applicable
- 5 Camera/mobile device for taking photos at installation

# **Installation Planning**

#### **Installation Day**



#### Leave early

Avoid working in the hot afternoon sun. Leave time for unexpected delays.



# Arrive and introduce yourselves to the person in charge of the clinic

Take a tour of the clinic with the medical team



#### Plan the installation

Ask healthcare workers to show you where they do procedures to determine the best place to install the lights and Solar Suitcase



#### Organize team

Assign responsibilities to roof lead, ground lead, and teaching lead



#### **Complete installation**

Review installation checklist for solar panel, Solar Suitcase, lights, and last steps

#### **After Installation**



#### Teach healthcare workers -

Train healthcare staff on how to use and maintain the Solar Suitcase



#### **Complete paperwork**

Please take the time to fill in the Suitcase sticker and complete the necessary forms



# Review final installation checklist

Checklists reduce errors – use them!



#### Clean up the site

Take away debris and re-organize any furniture moved



#### Take photos

Take photos of installation. Show us your good work!



#### Depart prior to dark

Re-organize tools and load vehicle

# **Installation Overview**

#### Map the Installation

Ask the healthcare worker to show you where they do procedures to determine the best locations to install the lights and Solar Suitcase. Involving the healthcare staff on decision making creates a feeling of ownership and ensures the components are installed where the staff need them.







You will need to be able to answer ALL of the following questions to successfully "map" or plan your installation, and you must do so before you begin the installation. Refer to **Page 7** for exact cable lengths and refer to the mentioned pages for important considerations about each component:

Where will all four lights be installed? Page 29

Where will the expansion box be mounted? Page 33

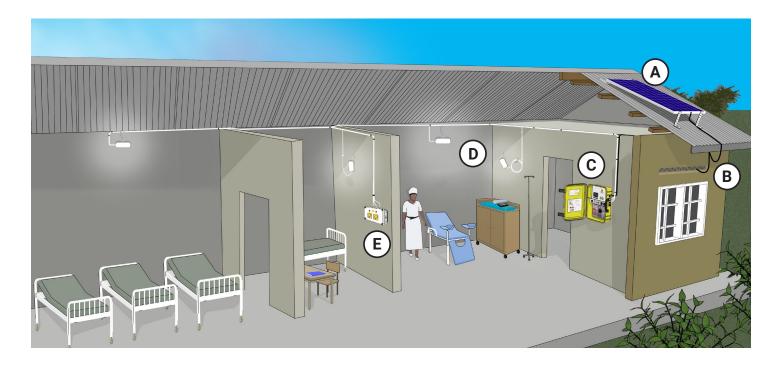
Where will the solar panel be mounted? Pages 9 and 11

How will the homerun cable pass from the roof into the building? Page 13

Where will the **Solar Suitcase** be mounted? **Page 23** 

Before making a final decision where a component will be installed, ensure all cable lengths will be enough. You may need to choose a new location for the expansion box, shift the solar panel, or find a different location for the Solar Suitcase. Consult the healthcare worker for their final approval.

When making difficult decisions, the top priority is lighting the main labor bed.



- A The Solar Panel must be installed where it will get sun all day long
- B The Homerun Cable is 40 feet (12.2 meters) and must reach from the solar panel to the Solar Suitcase
- The Solar Suitcase should be mounted in a secure and dry area of the facility and at a height where all healthcare workers can easily turn on lights and charge appliances

The Lights must be placed where they are most needed at the facility. Talk with the midwife to determine the best location for each light. Light cables are 33 feet (10m) in length.

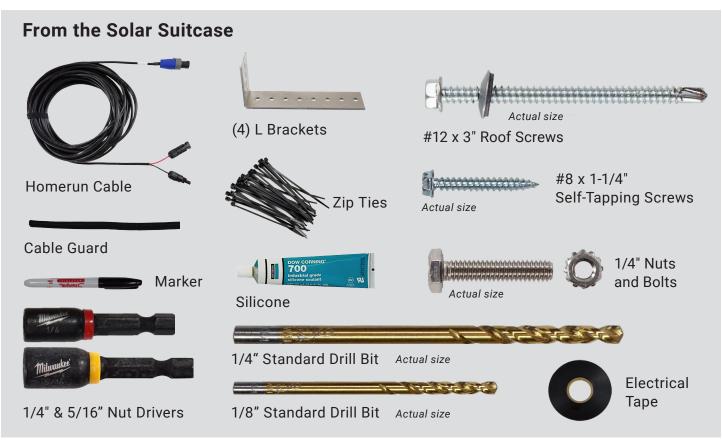
#### **Primary locations:**

- Delivery bed
- · Resuscitation table
- Pre or post delivery room

#### Secondary locations:

- Entrance
- Waiting area
- Hallway
- Office
- E Light Expansion Box should be mounted in a convenient location such as the building entrance, hallway, or delivery room. The Light Expansion Box cable is 40 feet (12.2m) in length.

# **Parts & Tools Required**





# **Safety First**



#### Look

Identify any potential dangers. This includes power lines, skylights, wasps, bats, holes in the roof, or rusty spots on the roof.



#### Plan

Work safely — make a plan with your team on how to work safely and communicate with your team

#### Be Aware





Do not touch electricity lines with your body or ladder





Do not walk near or over skylights





Avoid wasp nests, attics with bats or rodents. They may harm you during installation and can also eat through cables.

# If roof is too steep or too weak for you to work on safely you can:

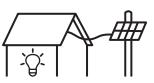


Mount the solar panel on the eave of the roof while standing on the ladder. We do NOT want you to risk getting hurt.





Mount the solar panel on a post or build a structure near the clinic to mount the solar panel and then route the homerun cable into the clinic



# **Ladder Safety**

- When you use a ladder, be careful and make sure it is stable before you climb
- When standing at the base of the ladder, your outstretched arms should be able to reach the ladder



- Only one person should be on the ladder at a time
- Climb with your eyes facing the ladder
- Have someone hold the ladder
- When getting off the ladder onto the roof, step around the ladder and not over the top of the ladder





# **Using the Drill**



# Where to Place the Solar Panel



The solar panel must be placed where it will receive the most direct sun all day long



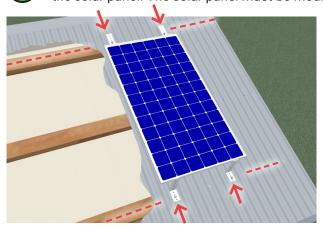
Do not place the solar panel where it will be shaded by a tree or another building

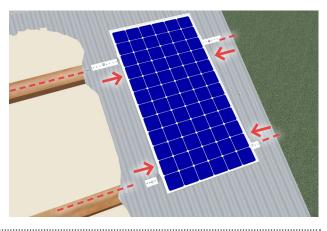




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The L brackets can be attached to the top and bottom of the solar panel or the sides of the solar panel. The solar panel must be mounted to the wood frame to the roof below.



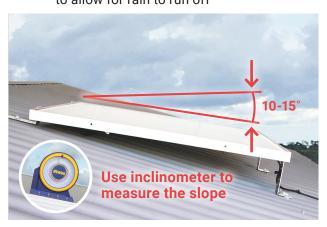


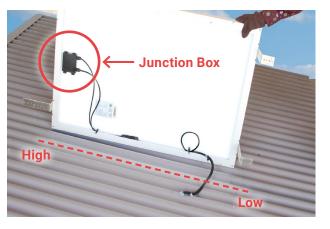


The solar panel must be mounted on a slope of 10 to 15 degrees from horizon to allow for rain to run off



Install the junction box close to the ridge/high part of the roof





# **Important Considerations for Quality Installations**



All roof penetrations must be done at the top of the corrugated ridge. The solar panel L brackets must attach to the wood frame of the roof.



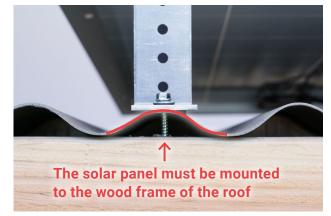
Do not make penetrations at the bottom of the corrugated ridge





Do not bend or crush the corrugated ridge







Do not allow L brackets to stick above the solar panel.



All penetrations must be sealed with silicone

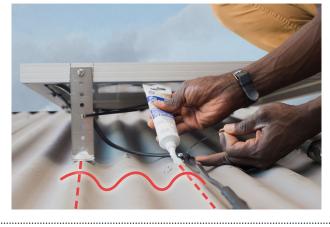




Cut off excess L bracket with hacksaw









The solar panel should not be stressed, warped, or twisted when mounted to the roof

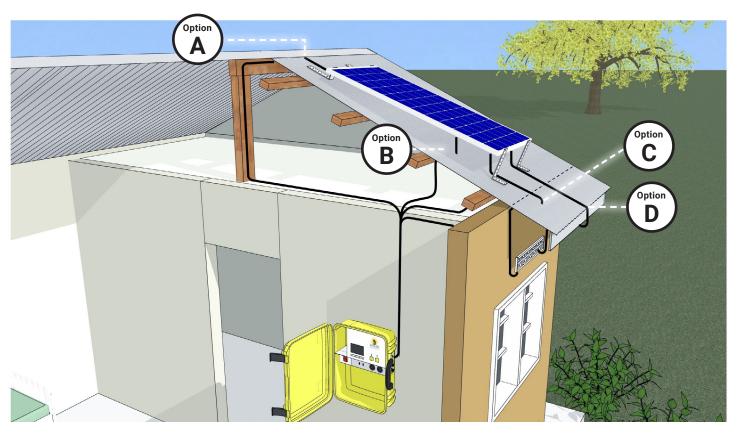


Verify the solar panel is level with a spirit level on top and bottom of panel





# **How to Run the Homerun Cable**





Under the ridge vent



Through the roof

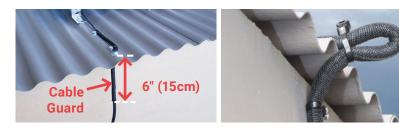


Through the eave



Over the edge

- If needed, you can remove and reassemble the homerun cable connector to make it easier to run through the roof and walls. See P.16 for instructions.
- ! Always use the cable guard where the homerun cable goes through the roof or around the edge of the roof. The cable guard should extend at least 6" inches (15cm) through the roof panel.

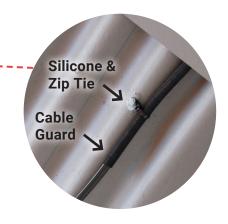


# **Homerun Cable Options**



# Under the ridge vent



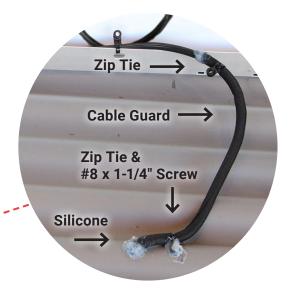


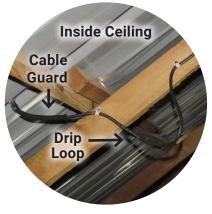


# Through the roof



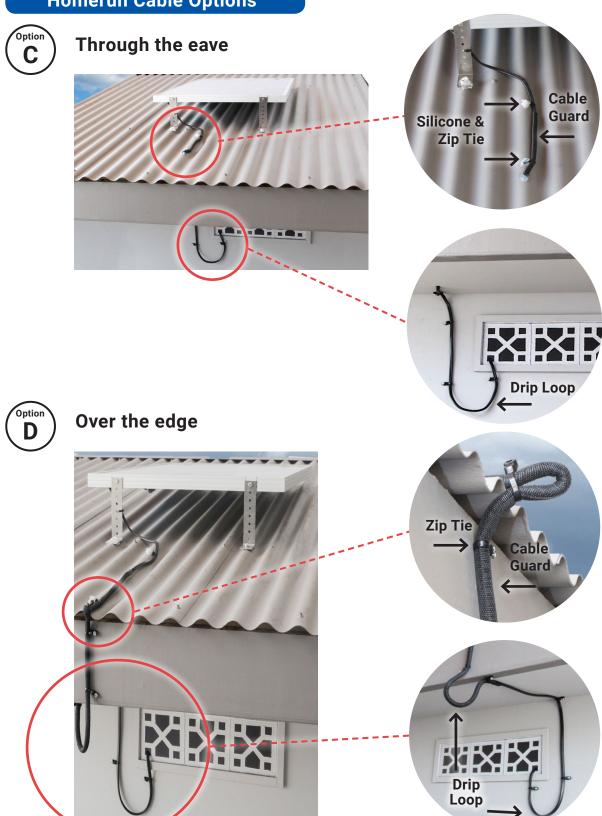






See P.41 for details on managing the ceiling cables

# **Homerun Cable Options**



Make a "Drip Loop" in the cable to allow water to drip off the cable, preventing the water from entering the health facility and Solar Suitcase

# How to Remove and Reassemble the Homerun Cable Connector

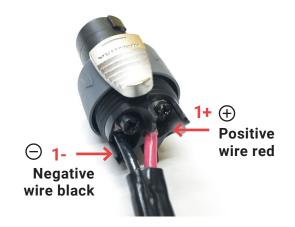
This will make it easier to run the homerun cable through the roof and walls

**1** Tw

Twist blue shroud to disassemble



2 Loosen the terminals



3 Leave screws attached to the connector



To run the homerun cable through the roof and walls, tape each wire individually and then tape the two wires together



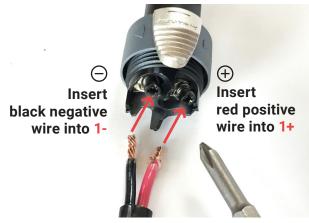




To rewire the connector, tighten screws firmly onto wire. When finished, you should not be able to pull the wires from the connector.



Twist the blue shroud firmly to complete assembly





#### **Solar Panel Installation Steps**

The slope and quality of rooftops vary from location to location. It is up to the installer to decide the safest and most efficient installation method. We demonstrate two options for getting the measurement of where to attach the L brackets. Option 1 can work on all rooftops, while Option 2 is only safe on roofs with a low slope angle. Option 1: Take measurements with measuring tape on the roof, mark and drill the panel on the ground. Option 2: Use the panel and L brackets to measure directly on the roof, and drill the panel on the roof.

#### Option 1



Measure the length and width of the solar panel on the ground. On the roof, measure from beam to beam on both sides of where the solar panel will be attached.

#### Option 2



Take the solar panel, installation hardware, and tools up on the roof. Align the panel where you will attach the L brackets.







(!) Wall

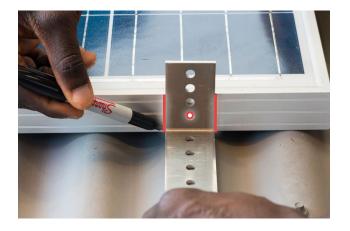
Walk where you see the rows of nails



Mark on the solar panel where you will attach the L brackets. Use an L bracket to measure for consistent hole placement.







# **Solar Panel Installation Steps**

Using speed #2, drill 1/4" holes in the frame of the solar panel where the L brackets will be attached. Drill an extra hole on the panel where you will secure the homerun cable.







! Use one of the L brackets to protect the solar panel





1/4" Standard Drill Bit Actual size

4 Attach all four L brackets to the solar panel using 1/4" bolts and locking nuts.





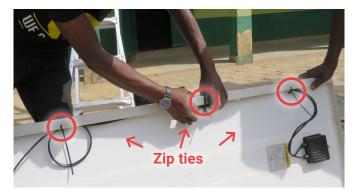




1/4" Bolt and Locking Nut

#### **Solar Panel Installation Steps**

Manage the homerun cable: Remove the homerun cable connector, connect the homerun cable to the solar panel, fasten the solar panel connectors and the homerun cable to the frame with zip ties, and make a small service loop (for future maintenance purposes). This is called strain relief and will prevent pull on the delicate parts of the panel.







See P.16 for details on removing homerun cable connector



If you followed Option 1, take the solar panel, installation hardware and all the tools you will need on to the roof.



If the roof is too steep to stand on, you can install from a ladder

If you will be passing the homerun cable through the ceiling, using the step bit, underneath where you will attach the solar panel, make an appropriate-size hole for the homerun cable with cable guard to pass through.

Attach an additional screw and ziptie near the homerun cable entrance to prevent it from moving.



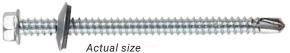
See P.13 for details on securing cable guard See P.41 for details on cable management inside the ceiling

# **Solar Panel Installation Steps**

- Using drill speed #1, use #12 X 3" screws with rubber washer to mount the L brackets to the roof and drill the screws down 50% of the way. If necessary, use the 1/8" standard drill bit to make a pilot hole before attaching roof screws.
- Use silicone to seal the area below the L brackets around the screw penetrating through the roof.







#12 x 3" Roof Screws with Rubber Washer



1/8" Standard Drill Bit Actual size

- Using speed #1, drill the screws down so that the solar panel is firmly attached to the roof but not so tight that it flattens the metal corrugations of the roof.
- Use silicone to seal the area on top of the L brackets.



# **Solar Panel Installation Steps**

- If you are NOT passing the cable through the roof underneath the panel (options A, C, or D on P. 13), secure the homerun cable to one of the L brackets and to the roof. Use silicone to seal all holes.
- Attach the cable guard where homerun cable goes over the edge of the roof or through the roof. Secure the cable guard with zip ties & silicone.



- Make a Drip Loop to prevent water from entering into the Solar Suitcase
- See P.13-15 for details on securing cable guard
- (14) Great job! Remember to do the Solar Panel Installation Checklist.

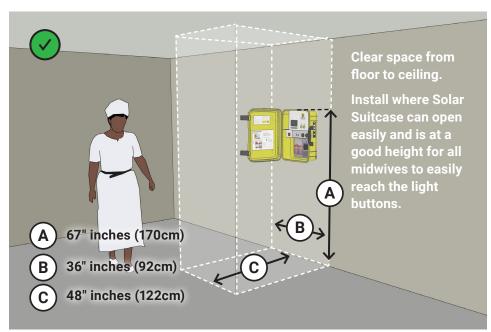




# **Solar Panel Installation Checklist** Solar panels will not be shaded at any time of the day Solar panels are firmly attached to roof beams at peak of the corrugation Solar panels are installed at a 10 to 15° angle; they should not be flat Solar panel frame is straight, not warped, or twisted Homerun cable is wrapped with cable guard for extra protection where it might be damaged such as sharp edges and doorways Homerun cable has a drip loop immediately before entering building or room All roof holes are sealed with silicone Cables on the back of the solar panel have a service loop and strain relief Ends of L brackets are not sticking up above the panel

#### Where to Place the Solar Suitcase

Before you install the Solar Suitcase, you need to make sure you have a good location that meets the needs of the healthcare staff. The Solar Suitcase powers the medical lights. The Solar Suitcase has important appliances that should be easily accessed and also stored properly.



- Install the Solar Suitcase where the lights can reach the delivery room
- Consider how the homerun cable from the solar panel on the roof will reach the Solar Suitcase
- Install in a room that is easy to access and secure



next to a cabinet



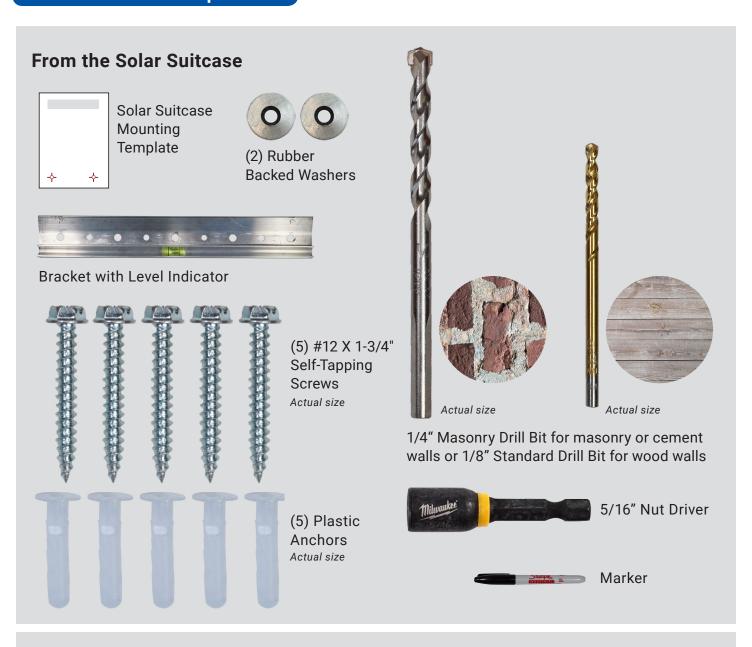
over a patient bed



Do not place the Solar Suitcase Do not place the Solar Suitcase Do not place the Solar Suitcase over water

The Solar Suitcase is designed to be attached to a strong wall. However, sometimes (!)another solution is needed: If the wall is too soft and the wall crumbles when drilling, install the Solar Suitcase on a table to protect it from theft.

# Parts & Tools Required



# From the Large Tool Bag



Cordless Drill Driver



Safety Glasses

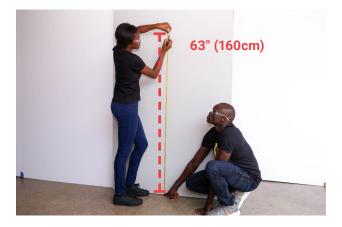


Tape Measure

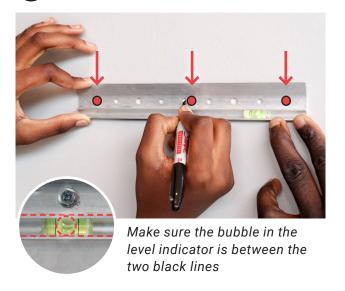


# **Solar Suitcase Installation Steps**

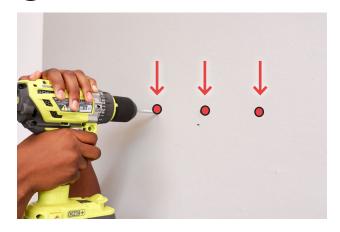
1 Mark 63" inches (160cm) to floor



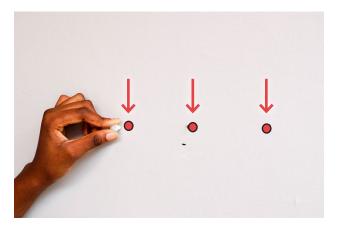
2 Place the level and make 3 marks to drill



3 Drill 3 holes



4 Insert 3 plastic anchors





Actual size

1/4" Masonry Drill Bit for masonry or cement walls or 1/8" Standard Drill Bit for wood walls



Plastic Anchors





Use the hammer to tap the plastic anchors into the masonry/cement walls.

# **Solar Suitcase Installation Steps**

- Attach the bracket to the wall

Hang template on bracket



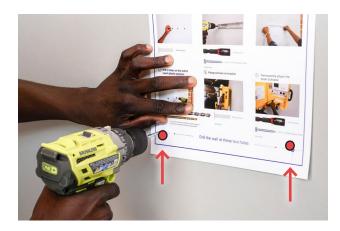




Actual size

#12 X 1-3/4" Self-Tapping Screws 5/16" Nut Driver

- You may also use the Solar Suitcase to measure the bottom holes:
  - 1) Hang the Solar Suitcase on the bracket
  - 2) Mark the bottom two holes with a marker
  - 3) Remove the Solar Suitcase
  - 4) Continue with step 7, drilling where you have marked
- Use template to drill 2 holes in the wall and insert plastic anchors





Actual size

1/4" Masonry Drill Bit for masonry or cement walls or 1/8" Standard Drill Bit for wood walls



Plastic Anchors

Actual size

# **Solar Suitcase Installation Steps**

8 Hang the Solar Suitcase on bracket



Make sure the Solar Suitcase is firmly attached on the bracket and level



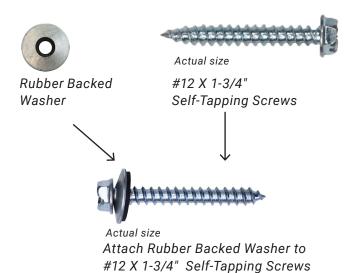


Permanently attach the Solar Suitcase.
The Solar Suitcase comes with 2 holes for installation.





5/16" Nut Driver



(10) Review Solar Suitcase Installation Checklist

# **Solar Suitcase Installation Checklist**



- 1) Midwives can easily reach and see the display screen on the Solar Suitcase
- 2) The Solar Suitcase is firmly attached to the wall. If you pull on it, it does not move.
- The Solar Suitcase is straight and not crooked on the wall
- Large (#12) screws (without washers) used to attach bracket to wall and large (#12) screws (with washers) used to permanently attach Solar Suitcase to wall

#### Where to Place the Lights

To determine essential medical activities that need light, ask the midwife the following 3 questions:

- (1) Where do you stand when conducting deliveries?
- (2) Where do you care for the baby after delivery?
- (3) Where does the mother rest after giving birth?



#### Most essential locations for lighting:







Delivery bed

Resuscitation table

Pre or post delivery room for patient observation

Hallway

Other locations to consider (only after the above three are lit):

- Nursing station
- Receiving room
- Any other rooms that are related to maternal and newborn care
- Location Factors to Consider:
- Light gets dimmer with distance
  - If you need a bright and focused light, place it directly in line with the area and as close as possible. You can make it a mobile light so it can be brought closer to procedure areas.
  - If you are trying to illuminate a whole room, place the light in the center and as high as possible so the light reaches further
- Remember the cable length is 33 feet (10 meters) and the Light Expansion Box cable is 40 feet (12.2 meters)

- They may use more than one labor bed; ask about frequency of double delivery.
- Ask about their movements around the labor ward to understand where else they may need light and how the mobile light can move around the space.
- Make sure the location for the light buttons on the light expansion box are convenient for healthcare workers
- Place lights to avoid the shadows.
   Remember medical staff may create shadows where they work.

# **Examples of Light Placement**

#### Labor Room - Delivery bed and resuscitation table









#### **Postnatal and Prenatal Rooms**





#### Other locations to consider

(only after delivery bed, resuscitation table, and pre or post delivery rooms are lit)



Nursing station



Sluice room / bathroom



Receiving / Waiting room / Hallway

# **Parts & Tools Required**



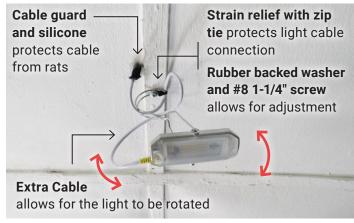


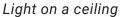
# **How to Install the Lights**

#### Lights can be fixed or mobile



#### Fixed installation on a ceiling or wall







Light on a wall



#### Movable light attached to the wall









#### Movable light hung on an IV pole or other fixture





# **How to Install the Light Expansion Box**

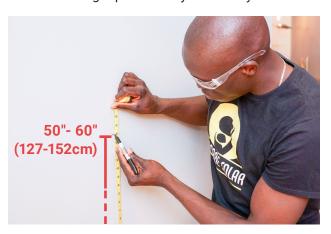
- Work with the healthcare care staff to determine the best location for the light expansion box
- Place tape over the light sockets to avoid dust from entering



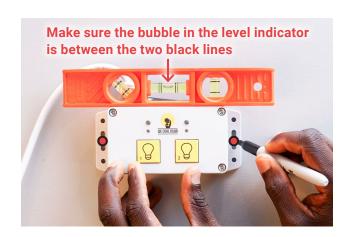


Electrical tape

Measure up 50"- 60" inches (127-152cm) from the floor and mark where to locate the top of the light expansion box. Install at a height preferred by the facility staff.



Make two marks on the wall where you will drill the holes



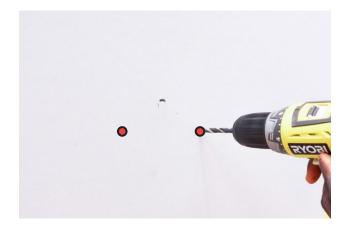
# **How to Install the Light Expansion Box**

5

Drill the two holes where you made the mark



Insert plastic anchors









Actual size

Plastic Anchors

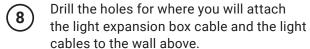
Actual size

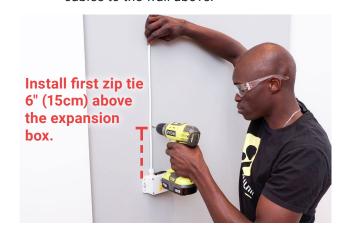
1/4" Masonry Drill Bit for masonry or cement walls or 1/8" Standard Drill Bit for wood walls



Attach the light expansion box. Make sure it is level and tighten screws firmly.









#12 X 1-3/4" Self-Tapping Screws



5/16" Nut Driver



Actual size

1/4" Masonry Drill Bit for masonry or cement walls or 1/8" Standard Drill Bit for wood walls

# **How to Install the Light Expansion Box**

9

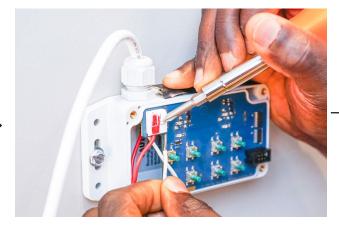
The light expansion box cable can be removed to make it easier to run the cable from the Solar Suitcase. To remove the cable follow these steps:



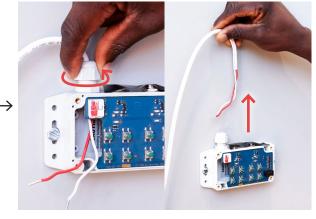
Make sure the light expansion box is disconnected from the Solar Suitcase



Remove the cover plate (4 screws) and put in a safe place



Using a screw driver, gently press the wire terminal release lever to pull out the red and white wires. Take care not to damage the vulnerable circuit board and electronics.



Loosen the cord locking nut and gently pull the wires out



Wrap the ends of the wires separately with electrical tape to protect the wires



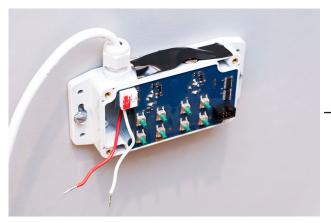
Route the cable from the Solar Suitcase to the light expansion box

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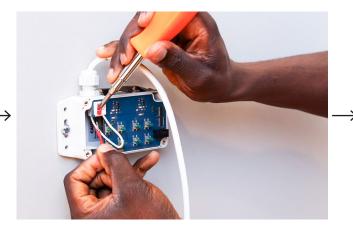
# **How to Install the Light Expansion Box**

(10) To reconnect the cable to the light expansion box follow these steps:



Insert the wires through the cord locking nut and back into the light expansion box and remove the tape from the end of the wires

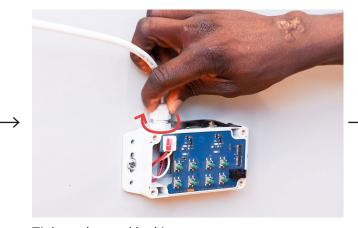
!) Ensure wire ends are straight and not frayed



Gently push the wire ends back into the terminal. Match red to red and white to white. Ensure the wire ends are inserted completely and no bare metal is exposed. Pull on the wires gently to ensure they are firmly attached to the terminals.



Tuck the wires into the space next to the circuit board



Tighten the cord locking nut



Replace the light expansion box cover and tighten the 4 screws

# **Lights Installation**

# **How to Install the Light Expansion Box**

Run the light cables to the light expansion box and remove the tape



Connect the light cables to the light expansion box



Reconnect light expansion box to the Solar Suitcase





Light expansion box connector requires precise alignment



Secure the light cables and the light expansion box cables to the wall.

Attach the zip ties at consistent intervals between 10"-18" (25-45cms)



# **Lights Installation**

# **Lights Checklist** Check that all light and light expansion box cables are firmly connected and locking rings are tight Make sure all lights work on both normal and brighter settings The lights are placed in an ideal location for midwives The light expansion box is firmly attached to the wall Fixed lights are securely mounted to the wall or ceiling Mobile lights have a hook for hanging the light and for cable storage, and additional hooks attached to the wall to keep cables organized and off of the ground All cable entrances to the ceiling are protected with cable guard and sealed with silicone First strain relief point is 6" (15cm) from top of expansion box There is no tension on the light cable connectors



Make sure the homerun cable is securely attached to the Solar Suitcase



(!) The cable is properly connected when the silver tab clicks into place



Make sure two lights are securely attached to the Solar Suitcase



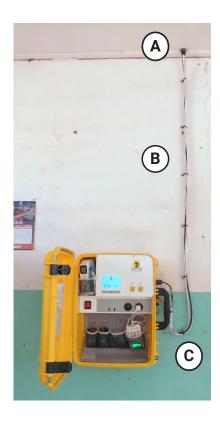


Make sure the Light Expansion Box is securely attached to the Solar Suitcase





# Organize and secure cables in the health facility



- A If passing cables through the ceiling, coil extra cable inside the ceiling and seal the holes with cable guard and silicone. Coil extra cables as detailed below.
- B Install zip ties every 10-18" (25-45cm) to keep cables neat, out of the way of staff, and off the floor.
- c Install zip ties to create a drip loop and provide strain relief for all cables attaching to the Solar Suitcase.

The first point of attachment is below the handle and 6" (15cm) from the edge of the Solar Suitcase.

### **Coil Extra Cable**



If the Homerun cable is not passing through the ceiling, neatly coil and attach the extra cable above the Solar Suitcase.



Wall Mount: coil any extra light cable at the top of the wall above the light. This allows future relocation of the light if necessary.



Ceiling Mount: coil any extra light cable at the wall near the light. This allows future relocation of the light if necessary.



Light expansion box: coil any extra cable at the top of the wall above the light expansion box.



# Organize and secure cables that are going through the ceiling



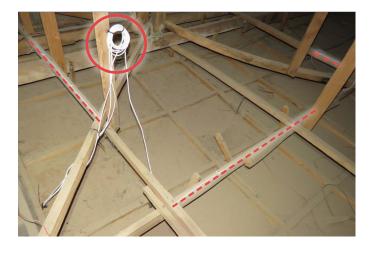
Do not run cables through the ceiling if it is dangerous to your health

Avoid wasp nests, attics with bats or rodents. They may harm you during installation and can eat through cables. Speak with the healthcare worker to learn about their specific situation.

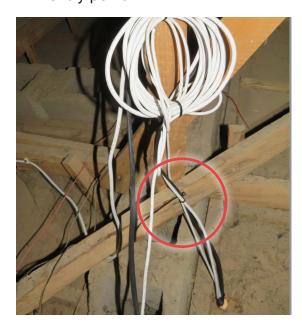
Make a drip loop on the homerun cable inside the roof.



B Coil and attach extra cable to roof beams. Secure loose cable to boards.



Provide strain relief for all cables entering the building at every entry point.



D Ensure all cables when entering the ceiling are protected with cable guard and the holes are sealed with silicone.







# **Turn on Solar Suitcase**





After you turn on the Solar Suitcase, the sun icon on the display screen is visible when the solar panel is connected to the Solar Suitcase and the solar panel is in sunlight.



# Ensure all lights and appliances are operational

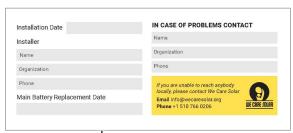


# 1 After you turn on the Solar Suitcase, the sun icon on the display screen is visible 2 Cables are fixed to the wall and have strain relief 3 The homerun cable is firmly clicked into place with the silver tab facing forward 4 The cables are neatly attached to the wall with zip ties and flex clips and are safe from damage 5 Zip ties and flex clips provide strain relief for cables at the Solar Suitcase and light expansion box 6 Turn on the Solar Suitcase 7 Ensure all lights and appliances are operational

# **Installation Documentation**

# Fill out the Sticker and Place Quick Guide in the Plastic Folder

### Installation & Service Info Sticker







Quick Guide





Maintenance Log

### User Manual

### Installation & Service Info Sticker

The sticker informs the health clinic who to contact when they are experiencing a problem with their Solar Suitcase, and also gives the technician an idea of when the Solar Suitcase is likely to need a battery replacement.

On the sticker, fill in the installation date, expected battery replacement date (5 years from the date of installation), and contact information for the person responsible for maintaining equipment at the health facility. Often this is the technician from the local government health office. If you are unsure who to put here, please contact WCS or the in-country organization in charge of this program.

# (!)

# Review Quick Guide and User Manual with Staff

### **Quick Guide**

The Solar Suitcase Quick Guide comes inside the Solar Suitcase. It is a Quick Guide for the health facility staff. It should be placed in the plastic folder on the inside of the Solar Suitcase door.

### **User Manual and Maintenance Log**

The User Manual has useful information on how to use, maintain, and troubleshoot problems that may occur with the Solar Suitcase.

In the back of the User Manual is the maintenance log. Encourage the health worker to ensure that technicians record maintenance performed on the Solar Suitcase in the maintenance log.

The User Manual should be placed in the plastic folder behind the Quick Guide.

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## **Installation Documentation**

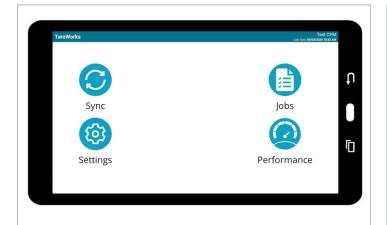
# **Installation Tracking**

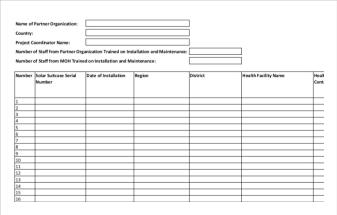
We Care Solar keeps a database of all facilities that have received Solar Suitcases. It is very important that you record facility and installation information before you leave the health facility.

We collect a variety of information on the health facility, including baseline electricity status, maternal and child health activities, facility type, and geolocation. It is also important to record the serial number of the Solar Suitcase(s) installed and the installation date, which will aid us with troubleshooting and maintenance.

There are two ways to record this information:

- 1. Taroworks Mobile Application All installers in Light Every Birth countries will be required to use Taroworks to record health facility and installation information. Before leaving the health facility, be sure to complete the *Install Solar Suitcase Job* in Taroworks to record all the necessary information.
- 2. We Care Solar Excel Installation Tracking Sheet Installers in all other countries will be asked to fill out an Installation Tracking Sheet in Excel (template provided by We Care Solar).





# Other Documents

You may need to fill out other documents such as a baseline survey or clinic certificate. If so, you will have already discussed with We Care Solar prior to installation and been given the required documents. Make sure to complete them before leaving the health facility.

# **Installation Documentation**

# Till out information on the Solar Suitcase sticker on the inside door of the Solar Suitcase Place User Manual and Quick Guide in the plastic folder Take photos of the installation and healthcare workers training Complete installation tracking information Complete the Install Solar Suitcase job in Taroworks or fill in the necessary information on the Installation Tracking spreadsheet Complete other documents such as baseline survey if required

# **Teaching Healthcare Workers**

# **Teaching Preparation**

- Get the right people in the room all maternity staff, security, and staff in charge of the facility
- Pick a time that is convenient for them and tell them it will take about an hour
- Have everything prepared set up the Solar Suitcase and appliances in advance

# **Teaching Tips**

- Use the Solar Suitcase User Manual as a teaching tool when teaching the healthcare workers
- Speak slowly and clearly
- All healthcare workers should know how to interact with the Solar Suitcase and appliances. Don't do it for them! Make sure they get to practice using the Solar Suitcase and appliances.
- · Repeat key messages
- Check healthcare workers understand by asking them to show you or explain what you just taught before moving on to next topic
- Reinforce reasons for training proper usage will ensure midwives have light when they most need it



User Manual



# **Teaching Healthcare Workers**

# What to Teach Healthcare Workers

# 1. Introductions

- **2. Overview of the Solar Suitcase** (refer to P.06 "Solar Suitcase Overview" and P.07 "Main Battery and Solar Panel" in the User Manual)
  - a. How does the Solar Suitcase get power?

From the sun

b. Where is the power stored?

Solar Suitcase/ main battery

# 3. Main Switch is always on

a. Where is the main switch?

Red button on left side of Solar Suitcase

b. When do you turn it off?

It stays on all the time unless the Solar Suitcase is being serviced or when troubleshooting to fix a problem

c. What do you do if the main switch is accidentally turned off?

Turn it back on

- **4. Understanding the Display Screen** (refer to P.10 "Display Screen" in the User Manual)
  - a. How do you know if the battery is being charged?

Look at the display screen. The arrow next to the battery symbol is pointing up.

b. How do you know if you are using more power than the Solar Suitcase is receiving from the sun?

Look at the display screen. The arrow next to the battery symbol is pointing down.

c. How full is your battery?

Look at the display screen. The battery percentage is directly below the battery symbol.

d. How do you know which loads are using power?

Look at the display screen. The symbols on the right of the screen show which lights, sockets, and appliances are using power.

- **5. Using the Solar Suitcase** (refer to P.23 "Maximizing Performance" in the User Manual)
  - a. When is it a good time to use lights?

When you need them

# **Teaching Healthcare Workers**

**b.** When is it a good time to charge my phone?

During a sunny day when the battery is at least 50% full

c. When is it a good time to charge the headlamps, thermometer, and fetal Doppler?

During a sunny day when the battery is at least 75% full

d. When is not a good time to charge my phone, headlamps, thermometer, or fetal Doppler?

At nighttime unless it's an emergency

- **6. Using the Lights** (refer to P.08 "Lights" in the User Manual)
  - a. Where are the light buttons?

    To the right of the display screen and on the light expansion box
  - b. Show me how to use the two settings on the light
  - **c.** When should you use the lights? When you need them
  - **d.** When do you not want to use the brighter light setting?

    When you need to conserve energy. Use the normal light setting.
- **7. Appliances Overview** (refer to P.14 "Appliances" in the User Manual)
- **8. Using the Rechargeable Headlamps** (refer to P.16 "Rechargeable Headlamps" in the User Manual)
  - a. Show me how to use the rechargeable headlamp
  - b. Show me how to make the rechargeable headlamp light brighter
- **9. Charging the Rechargeable Headlamps** (refer to P.16 "Rechargeable Headlamps" in the User Manual)
  - a. How do you know when you need to charge the rechargeable headlamp? Light is dim; side light shows one or no indicator lights
  - b. How do you charge the rechargeable headlamp? With a USB charger
  - c. How do you know if it's charging?

    Side light is blinking
  - d. Show me how to charge the rechargeable headlamp
- **10. Using the Infrared Thermometer** (refer to P.17 "Infrared Thermometer" in the User Manual)
  - a. When should you use the infrared thermometer?

    To screen every patient that comes to the facility
  - b. Show me how to use the infrared thermometer

# **Teaching Health Workers**

- **11. Using the fetal Doppler** (refer to P.19 "Fetal Doppler" in the User Manual)
  - a. Show me how to use the fetal Doppler
  - b. Should you turn it off when it is not in use? Yes
  - c. What kinds of lubricants can you use with the fetal Doppler?

    Lubricant gel, clean vegetable oil, or KY jelly
  - d. If you can't find the fetal heart beat what can you do?

    Slowly change the position and/or angle of the probe; check the batteries are inserted correctly and fully charged; make sure you are using enough gel or KY jelly.
- **12.** Using the AA/AAA Rechargeable Battery Charger (refer to P.21 "AA/AAA Rechargeable Battery Charger" in the User Manual)
  - a. Show me how to use the battery charger
  - **b.** How do you know if the batteries are charging?

    Rechargeable battery indicator is moving and says CHARGE on the top
  - c. What kinds of batteries can you charge in the battery charger? Rechargeable only, not single use (alkaline batteries)
- 13. Charging Your Phone (refer to P.22 "Charging Your Phone" in the User Manual)
  - a. Show me how to charge your phone
  - **b.** When is the best time to charge your phone?

    During the day when the battery is 50% or more full
- **14. Troubleshooting** (refer to P.25 "Troubleshooting" in the User Manual)
  - a. Show me where you can get information on troubleshooting *P.25-P.44* from the User Manual
  - b. Who do you contact if you have a problem with the Solar Suitcase?

    Look at Solar Suitcase sticker under section "In Case of Problems Contact"
  - c. When does the main battery need to be replaced?

    Look at "Main Battery Replacement Date" on Solar Suitcase sticker
- 15. Where to Get Information on the Solar Suitcase and Training New Healthcare Staff
  - a. If you can't remember how to use something or need to teach a new healthcare worker, where can you find out information?

The User Manual which is inside the plastic folder or online at: https://wecaresolar.org/resources/product-info/

**b.** Whose responsibility is it to train new healthcare workers? *Yours; the health facility* 



# **We Care Solar**

+1-510-766-0206 service@wecaresolar.org www.wecaresolar.org

# **Online Resources**

For more information, including training videos on Solar Suitcase installation, use, maintenance, and repair, please visit <a href="https://wecaresolar.org/solar-suitcase/">https://wecaresolar.org/solar-suitcase/</a>



https://www.creative-integration.com/